5 MILE WALKING ROUTE FROM

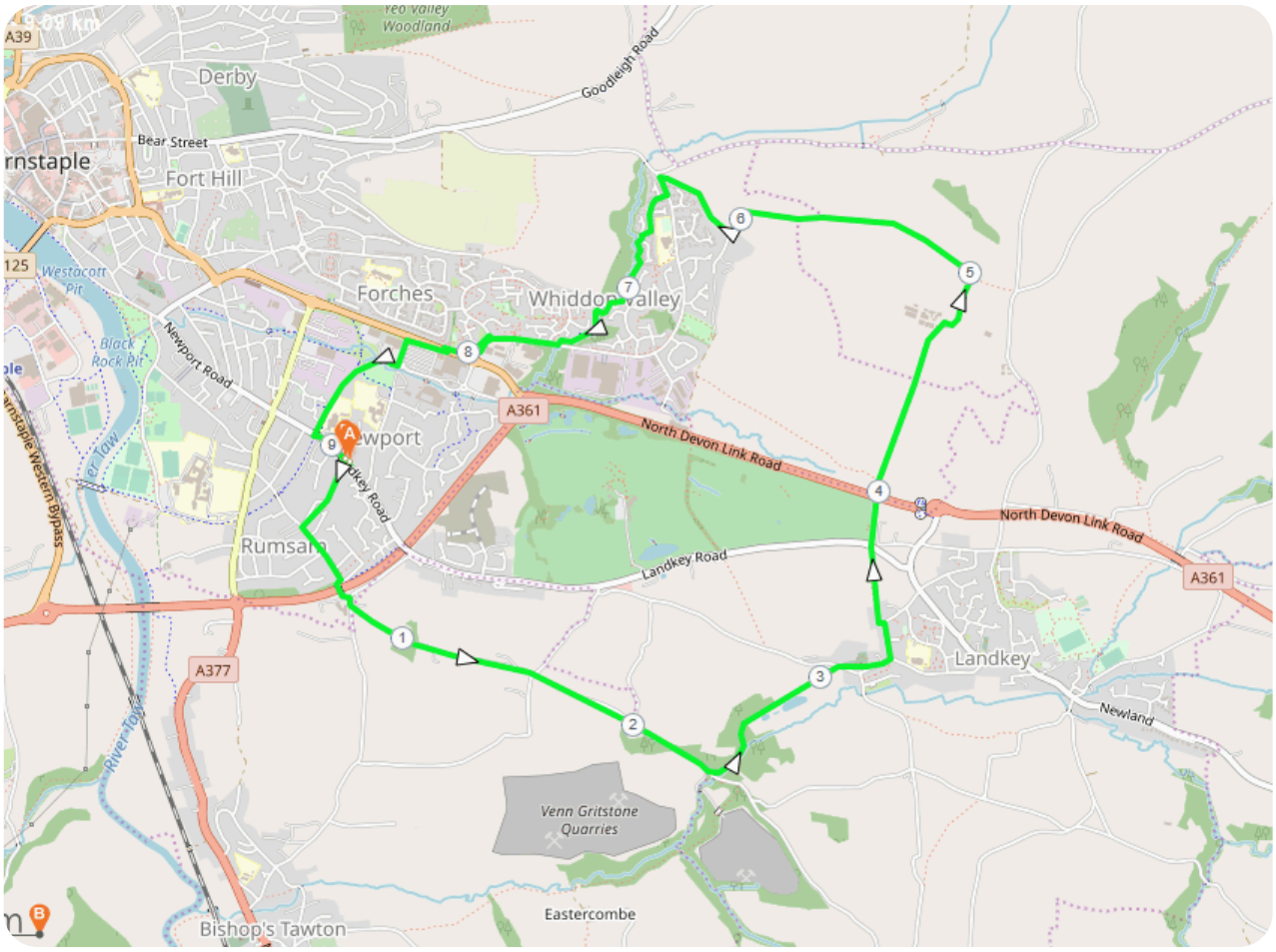
LITCHDON MEDICAL CENTRE

LANDKEY - ACLAND BARTON

Pathway Prescriptions

OVERVIEW

A walk to the village of Landkey and on to Acland Barton, part of the ancient estate of Acland which dates back to 1155, situated on a hill top overlooking Barnstaple, with far reaching countryside views. Returning through Whiddon Valley Woodland.



NHS · Barnstaple Alliance Primary Care · Brannam Medical Centre · Fremington Medical Centre · Litchdon Medical Centre · Queens Medical Centre

5 MILE WALKING ROUTE FROM

LITCHDON MEDICAL CENTRE

LANDKEY - ACLAND BARTON

Pathway Prescriptions

DIRECTIONS

1. Starting from Litchdon Medical Centre, cross the road and turn left. Walk along Landkey Road to reach a junction with Old School Lane on the right. Turn here and continue to the end of the road to reach a footpath.

2. Follow the footpath to reach a road. Cross here and continue straight ahead along the footpath to reach another road. Turn left. Take the footbridge to cross over the main road below. Turn right. Turn left where the road forks. Continue along the road for approximate 1.5km.

3. Turn left on to a footpath just past an aggregate quarry sign.

Scan the QR code for a detailed map and to download a GPX file

ALL ROUTES ARE AVAILABLE ON OUR PLOTAROUTE HOME PAGE:
WWW.PLOTAROUTE.COM/USERPROFILE/555298

5 MILE WALKING ROUTE FROM

LITCHDON MEDICAL CENTRE

LANDKEY - ACLAND BARTON

Pathway Prescriptions

DIRECTIONS

4. Follow the footpath to reach a road. Turn right. Where the road forks turn left. Continue to a stone wall where the road bears right. Turn left here on to a lane and follow to reach a road. Cross the road to continue along a footpath. Walk across the footbridge over the main road.

5. Walk straight ahead climbing the hill to reach Acland Barton. Turn right on to the road and then turn left on to a track opposite Meadow Croft. Follow the track and turn left on to a footpath to descend the hill along the edge of a field. Continue following the path through the woodland to reach a road. Turn left.

Scan the QR code for a detailed map and to download a GPX file

ALL ROUTES ARE AVAILABLE ON OUR PLOTAROUTE HOME PAGE:
WWW.PLOTAROUTE.COM/USERPROFILE/555298

5 MILE WALKING ROUTE FROM

LITCHDON MEDICAL CENTRE

LANDKEY - ACLAND BARTON

Pathway Prescriptions

DIRECTIONS

6. Turn right where the road forks. Continue for 400m to reach a footpath and cycleway on the left. Turn here and walk along the path to reach a road. Turn right into Larkspur Gardens. Follow the road to the junction at the end and turn left and then immediately turn right on to a footpath.

5. Walk through Whiddon Valley Woodland following the path to cross a stream, then turning left where the path forks and then alongside the stream to reach the road. Turn right on to Whiddon Drive.

Scan the QR code for a detailed map and to download a GPX file

ALL ROUTES ARE AVAILABLE ON OUR PLOTAROUTE HOME PAGE:
WWW.PLOTAROUTE.COM/USERPROFILE/555298

5 MILE WALKING ROUTE FROM

LITCHDON MEDICAL CENTRE

LANDKEY - ACLAND BARTON

Pathway Prescriptions

DIRECTIONS

6. Follow the path to the end of the road bearing right to reach a subway. Walk through the subway to reach St Johns Community Centre. Turn right to walk behind the building and around the edge of the car park to a roundabout. Cross the road and turn right and continue for approximately 80m.

5. Turn left on to a footpath and cycleway. Follow the path walking straight ahead for approximately 400m to reach Landkey Road. Turn left and walk past Newport Primary School to return to Litchdon Medical Centre on the left.

Scan the QR code for a detailed map and to download a GPX file

ALL ROUTES ARE AVAILABLE ON OUR PLOTAROUTE HOME PAGE:
WWW.PLOTAROUTE.COM/USERPROFILE/555298